



BACK TO BASIC **NANNY COURSES**

**Emergency First Aid
for Nannies and Homehelp**

With Home Safety



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INTENDED AUDIENCE

Individuals who are not healthcare providers or professional rescuers but desire or are required to be certified in basic emergency medical care.

COURSE DURATION: 6 hours

CERTIFICATION: Paediatric First Aid

VALID: 3 years

LOCAL ACCREDITATION: DCAS Approved
(Dubai Corporation of Ambulance Services)



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TRAINING APPROACH

All Health & Safety Solutions training programs are tailored to the specific training needs of the learner/client given their specific roles, responsibilities and training objectives.

Training manuals and course content are based on industry best practice, international standards, as well as legislation and regulatory requirements of the UAE local authorities.

This 2-session course will be conducted in 6-hour session, 3 hours for EPR, and 3 hours for FAIC.



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TOPICS COVERED

E P R

- How to prepare your home in case of emergency
- Cultural and behavioural factors & Making Positive Changes
- Preparing for a Real Emergency
- Assessing the infant/child
- CPR (Cardiopulmonary Resuscitation)
- Recovery Position
- Choking
- Drowning



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TOPICS COVERED

FAIC

- Burns and Scalds
- Bites & Stings
- Wounds & Bleeding
- Shock
- Febrile Seizure
- Eye & Head Injury
- Fractures
- Poisoning
- Heat Exhaustion & Electric Shock



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